

2025 SPORTS CALENDAR

All dates are subject to change.

CALL FOR DETAILS
518-884-1581



JAN		FEB		MAR		APR		MAY		JUN	
30-DAY WELLNESS CHALLENGE ALL MONTH	WED 1	DRY TRI CHALLENGE ALL MONTH	SAT 1	PICKLEBALL 11 AM DEADLINE MON, FEB 24	MON 3	SOCCER 5 PM DEADLINE FRI, MAR 28	MON 7	MISSION NUTRITION CLASS 7 AM DEADLINE WED, MAY 7	FRI 9	SOFTBALL LEAGUE 5 PM DEADLINE FRI, MAY 23	MON 2
BILLIARDS (LIBERTY) 11 AM	THU 2 & 16	3v3 BASKETBALL 5 PM DEADLINE MON, JAN 27	MON 3	MEN'S HOOP SKILLS 12 PM DEADLINE THU, MAR 6	FRI 7	WEIGHT CLUB 11 AM	FRI 18	TEAM ROW-A-THON 11 AM	WED 14	WEIGHT CLUB 11 AM	FRI 13
MISSION NUTRITION CLASS 10 AM DEADLINE WED, JAN 8	FRI 10	PING PONG (LIBERTY) 11 AM	THU 6 & 20	DARTS (LIBERTY) 11 AM	TUE 11			INTRO TO DISC GOLF 1 PM DEADLINE WED, MAY 14	WED 21		
CORNHOLE (SINGLES) 11 AM DEADLINE TUE, JAN 12	MON 27	TEAM ROW-A-THON 10:30 AM	WED 26	WOMEN'S HOOP SKILLS 12 PM DEADLINE WED, MAR 12	FRI 14						
JUL		AUG		SEPT		OCT		NOV		DEC	
HOMERUN DERBY 5 PM	MON 7	WEIGHT CLUB 11 AM	FRI 15	STAIR STEP CHALLENGE ALL MONTH	MON 1	CORNHOLE (DOUBLES) 11 AM DEADLINE FRI, SEPT 26	MON 6	TABLE TENNIS 11:15 AM DEADLINE FRI, OCT 24	MON 3	ANNUAL SPORTS MEETING FOCUS GROUP 12 PM	FRI 5
DODGEBALL 5 PM DEADLINE FRI, JUL 11	MON 14	FLAG FOOTBALL 5 PM DEADLINE FRI, AUG 8	MON 18	SAND VOLLEYBALL 11 AM DEADLINE FRI, SEPT 5	MON 8	MISSION NUTRITION CLASS 7 AM DEADLINE FRI, OCT 24	MON 27	INDOOR VOLLEYBALL 5 PM DEADLINE MON, NOV 3	WED 12	FITNESS, EVENTS & CHALLENGES FOCUS GROUP 12 PM	FRI 12
MISSION NUTRITION CLASS 7 AM DEADLINE FRI, JUL 18	MON 21	TEAM ROW-A-THON 10:30 AM	WED 27	5K 10 AM DEADLINE THU, SEPT 11	SAT 13			TURKEY BURN CHALLENGE 11 AM DEADLINE SAT, NOV 22	TUES 25		
		GOLF TIME TBD	WED TBD								

